

**UNIVERSITY OF SOUTHERN CALIFORNIA  
TOWARDS NO TOBACCO USE (TNT)**

**STUDENT SURVEY  
POSTTEST**

Today's Date: _____ - _____ - _____	Grade: _____
Birth day: _____ - _____ - 19 _____	Age: _____ Sex: _____
Month Day Year	
School Name: _____	

**THINGS TO REMEMBER**

- Read each question carefully.
- Circle only one letter for each question, unless the question asks for more than one answer.
- Raise your hand when you have questions.
- When you finish this survey, turn it over and sit quietly until the rest of the class finishes.

**DEFINITIONS**

- Cigarettes are tobacco wrapped in paper and smoked.
- Smokeless Tobacco is tobacco that is not burned.
- There are two forms of smokeless tobacco:
  - Snuff is a powdered substance that comes in cans, like Skoal and Copenhagen.
  - Chewing tobacco is shredded tobacco leaves found in pouches, like Beechnut or Redman.
- Alcohol includes beer, wine, wine coolers, and liquor (gin, rum, whiskey, vodka, bourbon, scotch, and tequila).

**PART I.**

**1. I am:**

- a. Black
- b. White
- c. Hispanic
- d. Asian
- e. Other

**2. I live with:**

- a. both parents
- b. only with my mother
- c. only with my father
- d. sometimes with my mother and sometimes with my father
- e. other person

**3. Have you ever tried smokeless tobacco?**

- a. Yes
- b. No

**4. How many times have you tried smokeless tobacco?**

- a. never tried
- b. 1 time
- c. 2 to 5 times
- d. 6 to 10 times
- e. more than 10 times

**5. Have you ever tried cigarettes?**

- a. Yes
- b. No

**6. How many times have you tried smoking cigarettes?**

- a. never tried
- b. 1 time
- c. 2 to 5 times
- d. 6 to 10 times
- e. more than 10 times

**7. Have you ever tried drinking alcohol?**

- a. Yes
- b. No

**8. How many times have you tried drinking alcohol?**

- a. never tried
- b. 1 time
- c. 2 to 5 times
- d. 6 to 10 times
- e. more than 10 times

**9. Do you smoke cigarettes now?**

- a. Yes
- b. No

**10. How often do you smoke cigarettes?**

- a. I never smoked cigarettes
- b. none in the last year
- c. a few times this year
- d. a few times each month
- e. a few times each week
- f. a few times most days
- g. about ½ pack each day
- h. a pack or more each day

**11. Do you use smokeless tobacco now?**

- a. Yes
- b. No

**12. How often do you use smokeless tobacco?**

- a. I never used smokeless tobacco
- b. none in the last year
- c. a few times this year
- d. a few times each month
- e. a few times each week
- f. a few times most days
- g. many times most days
- h. many times every day

**13. Do you drink alcohol now?**

- a. Yes
- b. No

**14. How often do you drink alcohol?**

- a. I never drink alcohol
- b. none in the last year
- c. a few times this year
- d. a few times each month
- e. a few times each week
- f. a few times most days
- g. many times most days
- h. many times every day

**15. How many times have you been drunk or very “high” from drinking alcohol in the last 30 days?**

- a. never
- b. once
- c. 2 or 3 times
- d. 4 or 5 times
- e. 6 or more times

**16. If you use tobacco, what do you usually have? (Circle all that apply)**

- a. I don't use tobacco products
- b. snuff (Skoal, Copenhagen)
- c. chewing tobacco (Beech-nut)
- d. regular cigarettes
- e. menthol
- f. “light” or “low tar” cigarettes
- g. long cigarettes (“100’s”)
- h. non-filter cigarettes
- i. bandits
- j. cigars

**17. How many times will you smoke a cigarette in the next 12 months?**

- a. not at all
- b. 1 time
- c. 2 to 5 times
- d. 6 to 10 times
- e. more than 10 times

**18. How many times will you use smokeless tobacco in the next 12 months?**

- a. not at all
- b. 1 time
- c. 2 to 5 times
- d. 6 to 10 times
- e. more than 10 times

**19. How many times will you drink alcohol in the next 12 months?**

- a. not at all
- b. 1 time
- c. 2 to 5 times
- d. 6 to 10 times
- e. more than 10 times

**20. When is the next time you will smoke a cigarette?**

- a. later today
- b. sometime this week
- c. sometime this month
- d. sometime this year
- e. before I finish high school
- f. after I finish high school
- g. I will probably never smoke

**21. When is the next time you will use smokeless tobacco?**

- a. later today
- b. sometime this week
- c. sometime this month
- d. sometime this year
- e. before I finish high school
- f. after I finish high school
- g. I will probably never use smokeless tobacco

**22. When is the next time you will drink alcohol?**

- a. later today
- b. sometime this week
- c. sometime this month
- d. sometime this year
- e. before I finish high school
- f. after I finish high school
- g. I will probably never drink alcohol

**23. Which one describes you best:**

- a. I do not think about using tobacco
- b. Sometimes I think I may start using tobacco
- c. I want to see what using tobacco is like, so I am trying it out
- d. I use tobacco and I am going to keep on using it
- e. I want to quit using tobacco

*Below are some statements about how you might act with other students your age.  
Is each statement TRUE for you?*

**24. Students my age will like me even if I tell them I will not use tobacco.**

- a. Yes
- b. No

**25. I can talk to students my age about lots of things, not just tobacco.**

- a. Yes
- b. No

**26. I know how to leave places where students my age are using tobacco.**

- a. Yes
- b. No

**27. I can make new friends with students my age without using tobacco.**

- a. Yes
- b. No

**28. I know what to say to get students my age to understand that they may not be liked if they use tobacco.**

- a. Yes
- b. No

**29. I can tell students my age that tobacco is not used as much as they might think it is.**

- a. Yes
- b. No

**30. I don't have to use tobacco to have fun with students my age.**

- a. Yes
- b. No

**31. I can imagine refusing to use tobacco with students my age and still have them like me.**

- a. Yes
- b. No

**32. I can "fit in" with many groups at school that do not use tobacco.**

- a. Yes
- b. No

**33. I am able to avoid students my age when they use tobacco.**

- a. Yes
- b. No

**34. I can change the image students my age might have about using tobacco.**

- a. Yes
- b. No

**35. I can get students my age to not use tobacco around me.**

- a. Yes
- b. No

## PART II.

**36. The MOST important reason people start using tobacco is:**

- a. pressure from friends
- b. not enough knowledge about consequences like addiction, disease, and death
- c. they watch others use tobacco and think it gives them a good social image

**37. You will be liked more by a friend if:**

- a. you agree with all of their opinions
- b. you agree with most of their opinions but not all of them

**38. What would make the results of a survey about the number of people in your class using tobacco most believable to you?**

- a. a classmate telling us it's true
- b. a machine telling us it's true
- c. our teacher telling us it's true

**39. Nicotine withdrawal means:**

- a. a person will leave the group because they are using tobacco
- b. a person will feel bad if they can not get any tobacco
- c. a person must use more and more tobacco to feel the same effects

**40. The first thought about an offer of tobacco is usually negative.**

- a. yes
- b. no

**41. What is the meaning of value?**

- a. something that is important
- b. a solid gold watch
- c. none of the above

**42. Cigarettes are more addictive than smokeless tobacco.**

- a. yes
- b. no

**43. Define peer pressure.**

- a. to be influenced by people
- b. to be influenced by someone your own age
- c. to be given offers to use tobacco out loud

**44. Most 7<sup>th</sup> grade students agree that smoking cigarettes makes young people:**

- a. look older
- b. look glamorous
- c. none of the above

**45. Tobacco use can cause strokes.**

- a. yes
- b. no

**46. To avoid an offer of tobacco you need to know what the situation is and what the alternatives you have are. What should you do next?**

- a. take action
- b. apply indirect pressure
- c. use positive thinking

**47. Low self-esteem has nothing to do with the way we feel about others.**

- a. true
- b. false

**48. Smoking cigarettes has what effect on a person's blood circulation?**

- a. decreases it
- b. increases it
- c. no effect on circulation

**49. Which of the following is reversing the pressure? Saying...**

- a. "I don't smoke and never will"
- b. "I don't smoke and if you were my friend you wouldn't ask"
- c. "I don't smoke and you shouldn't either"

**50. Which of the following is the best example of a listening skill-type question?**

- a. "You're my friend, but don't you think you should have returned my jacket to me by now?"
- b. "What is your favorite color?"
- c. "What did you think about yesterday's class?"
- d. "Would you repeat what you just said?"

**51. Imaging the worst possible consequence of tobacco use can:**

- a. keep a person from using it
- b. cause a person to smoke more
- c. give a person nightmares

**52. Which of the following is the best example of an open-ended question?**

- a. "You're my friend, but don't you think you should have returned my jacket to me by now?"
- b. "What is your favorite color?"
- c. "What did you think about yesterday's class?"
- d. "Would you repeat what you just said?"

**53. Who is Sean Marsee?**

- a. a baseball player who promotes tobacco use
- b. a teenager who died from tobacco use
- c. a French singer who died from tobacco use

**54. Leaving before an offer is made, walking away, and giving the cold shoulder are all ways to ESCAPE an offer of tobacco.**

- a. yes
- b. no

**55. When you have a problem to solve, it helps to not think too much about what you should do.**

- a. true
- b. false

**56. Smokeless tobacco is less likely to cause heart disease than cigarettes.**

- a. yes
- b. no

**57. Which of the following is the best example of an activism statement?**

- a. I don't smoke and never will
- b. I don't smoke and if you were my friend you wouldn't ask
- c. I don't smoke and you shouldn't either

**58. Someone who speaks or writes in support of or against something is:**

- a. an advocate
- b. an activist
- c. an entrepreneur

**59. Consequences are:**

- a. a bad thing that happens to you
- b. a result of something you do

**60. Nicotine tolerance means:**

- a. a person must use more and more tobacco to feel the same effects
- b. a person will feel bad if they can not get any tobacco
- c. a person will be kind to people that use tobacco

**61. What is indirect pressure?**

- a. pressure from an actual offer from others.
- b. no actual offer is made, but you feel must do something to be liked
- c. when you are careful to leave before an actual offer is made

**62. Why are tobacco advertisers allowed to advertise their products?**

- a. they tell the truth
- b. they have a lot of money
- c. they create enjoyable ads

**63. If I use tobacco regularly, I will become addicted to it.**

- a. yes
- b. no

**64. Can a negative thought about an offer of tobacco be changed to a positive one?**

- a. yes
- b. no

**65. What is a role model?**

- a. something you do in a play
- b. someone you look up to
- c. something made out of clay
- d. a part in a play

**66. The main form of cancer caused by snuff and chewing tobacco is cancer of the:**

- a. intestines
- b. colon
- c. mouth
- d. lungs

**67. Assertiveness is:**

- a. doing what your friends want you to do
- b. a technique for refusing tobacco
- c. saying what you want without hurting other people's feelings

**68. People who are conceited often have high self-esteem.**

- a. true
- b. false

**69. Smoking by pregnant women can affect their baby's:**

- a. weight
- b. hair color
- c. mood

**70. "Avoidance" and "Escape" mean the same thing.**

- a. yes
- b. no

**71. Which of the following is the best example of an assertive-type question.**

- a. "You're my friend, but don't you think you should have returned my jacket to me by now?"
- b. "What is your favorite color?"
- c. "What did you think about yesterday's class?"
- d. "Would you repeat what you just said?"

**72. Horrible images of tobacco use:**

- a. are hard to imagine
- b. are a waste of time
- c. make you feel like not using it

**73. Which of the following is an exchange statement?**

- a. "No thanks, let's go have a pizza instead"
- b. "I don't chew tobacco, but thanks for the offer"
- c. "I forgot my books, I've got to go!"

**74. Which of the following is the best example of a closed-ended question?**

- a. "You're my friend, but don't you think you should have returned my jacket to me by now?"
- b. "What is your favorite color?"
- c. "What did you think about yesterday's class?"
- d. "Would you repeat what you just said?"

**75. Can young people die from using chewing tobacco?**

- a. yes
- b. no

**76. What does problem solving do for you?**

- a. it helps you to not worry
- b. it helps you to think through a problem
- c. it helps you to find what is often the only solution

**77. People who use smokeless tobacco are 100 times more likely to develop leukoplakia.**

- a. yes
- b. no

**78. Which of the following is a good way to reduce stress:**

- a. go to a party
- b. just don't think about it
- c. use imagery

**79. Do people who speak out against tobacco use make any difference?**

- a. yes
- b. no

**80. What is social activism?**

- a. saying what you want to say without hurting other's feelings
- b. taking a stand for what you believe in and getting others to agree with you.

**81. Making a commitment means:**

- a. agreeing to do something and following through with your decision
- b. agreeing to do something just to be liked

### **PART III.**

**82. In general how do you feel about other people smoking?**

- a. I like it
- b. I don't mind
- c. I don't like it

**83. How do you feel when someone smokes around you?**

- a. I like it
- b. I don't mind
- c. I don't like it
- d. It's never happened

**84. If someone else's smoking bothered you, would you ask them to not smoke around you?**

- a. yes
- b. no

**85. In general, how do you feel about others using smokeless tobacco?**

- a. I like it
- b. I don't mind
- c. I don't like it

**86. How do you feel when someone uses smokeless tobacco around you?**

- a. I like it
- b. I don't mind
- c. I don't like it
- d. It's never happened

**87. If someone else's chewing of tobacco bothered you, would you ask them to not chew around you?**

- a. yes
- b. no

**88. Out of every 100 MALE students your age at your school, how many do you think smoke cigarettes AT LEAST ONCE A WEEK?**

- a. 10 or less
- b. 11 to 20
- c. 21 to 30
- d. 31 to 40
- e. 41 to 50
- f. 51 to 60
- g. 61 to 70
- h. 71 to 80
- i. 81 to 90
- j. 91 to 100

**89. Out of every 100 FEMALE students your age at your school, how many do you think smoke cigarettes AT LEAST ONCE A WEEK?**

- a. 10 or less
- b. 11 to 20
- c. 21 to 30
- d. 31 to 40
- e. 41 to 50
- f. 51 to 60
- g. 61 to 70
- h. 71 to 80
- i. 81 to 90
- j. 91 to 100

**90. Out of every 100 MALE students your age at your school, how many do you think use smokeless tobacco AT LEAST ONCE A WEEK?**

- a. 10 or less
- b. 11 to 20
- c. 21 to 30
- d. 31 to 40
- e. 41 to 50
- f. 51 to 60
- g. 61 to 70
- h. 71 to 80
- i. 81 to 90
- j. 91 to 100

**91. Out of every 100 FEMALE students your age, how many do you think use smokeless tobacco AT LEAST ONCE A WEEK?**

- a. 10 or less
- b. 11 to 20
- c. 21 to 30
- d. 31 to 40
- e. 41 to 50
- f. 51 to 60
- g. 61 to 70
- h. 71 to 80
- i. 81 to 90
- j. 91 to 100

**92. How many of your five closest friends have tried cigarettes?**

- a. none
- b. 1
- c. 2
- d. 3 to 5

**93. How many of your five closest friends usually smoke at least one cigarette a week?**

- a. none
- b. 1
- c. 2
- d. 3 to 5

**94. How many of your five closest friends have tried smokeless tobacco?**

- a. none
- b. 1
- c. 2
- d. 3 to 5

**95. How many of your five closest friends usually use smokeless tobacco at least once a week?**

- a. none
- b. 1
- c. 2
- d. 3 to 5

**96. Circle ALL of the following persons you know who usually smoke cigarettes.**

- a. my father/stepfather
- b. my mother/stepmother
- c. my brother or sister
- d. my other relatives
- e. my close friend
- f. my teachers
- g. other adults that I know well
- h. no one

**97. Circle ALL of the following persons you know who usually use smokeless tobacco.**

- a. my father/stepfather
- b. my mother/stepmother
- c. my brother or sister
- d. my other relatives
- e. my close friend
- f. my teachers
- g. other adults that I know well
- h. no one

**98. How many of your five closest friends would approve if you smoked cigarettes?**

- a. none
- b. 1
- c. 2
- d. 3 to 5

**99. How many of your five closest friends would approve if you used smokeless tobacco?**

- a. none
- b. 1
- c. 2
- d. 3 to 5

**PART IV.**

**Your class has just finished a tobacco education curriculum called Project TNT. The next set of questions asks your opinions about the program. If you did not have the TNT program, you may STOP NOW. If you did have the TNT program, please answer the following questions.**

**Take a minute to think about all 10 Project TNT lessons. Think about the topics and activities you did each day. Try to form a general opinion about the class.**

**OVERALL, DID YOU FIND THE PROJECT TNT TOPICS AND ACTIVITIES.....**

- |                             |        |             |                   |
|-----------------------------|--------|-------------|-------------------|
| <b>100. acceptable?</b>     | a. yes | b. somewhat | c. no, not really |
| <b>101. believable?</b>     | a. yes | b. somewhat | c. no, not really |
| <b>102. challenging?</b>    | a. yes | b. somewhat | c. no, not really |
| <b>103. complete?</b>       | a. yes | b. somewhat | c. no, not really |
| <b>104. correct?</b>        | a. yes | b. somewhat | c. no, not really |
| <b>105. difficult?</b>      | a. yes | b. somewhat | c. no, not really |
| <b>106. enjoyable?</b>      | a. yes | b. somewhat | c. no, not really |
| <b>107. fascinating?</b>    | a. yes | b. somewhat | c. no, not really |
| <b>108. fun?</b>            | a. yes | b. somewhat | c. no, not really |
| <b>109. helpful?</b>        | a. yes | b. somewhat | c. no, not really |
| <b>110. interesting?</b>    | a. yes | b. somewhat | c. no, not really |
| <b>111. important?</b>      | a. yes | b. somewhat | c. no, not really |
| <b>112. new?</b>            | a. yes | b. somewhat | c. no, not really |
| <b>113. modern?</b>         | a. yes | b. somewhat | c. no, not really |
| <b>114. meaningful?</b>     | a. yes | b. somewhat | c. no, not really |
| <b>115. memorable?</b>      | a. yes | b. somewhat | c. no, not really |
| <b>116. pleasant?</b>       | a. yes | b. somewhat | c. no, not really |
| <b>117. understandable?</b> | a. yes | b. somewhat | c. no, not really |
| <b>118. well organized?</b> | a. yes | b. somewhat | c. no, not really |

**OVERALL, DID YOU FIND THE PROJECT TNT TOPICS AND ACTIVITIES.....**

**119. a waste of time?** a. yes b. somewhat c. no, not really

**120. silly?** a. yes b. somewhat c. no, not really

**121. Would you recommend that other students your age be given the Project TNT program?**

- a. yes most of it
- b. maybe some of it
- c. no, not really

**122. Do you feel you will be able to use the information taught in TNT?**

- a. yes, most of it
- b. maybe some of it
- c. no, not really

**123. A year from now, will you remember what was taught in TNT?**

- a. yes, most of it
- b. maybe some of it
- c. no, not really

**124. Did you get really involved with the topics and activities in TNT?**

- a. yes, mot of it
- b. maybe some of it
- c. no, not really

**125. How many of the TNT homework assignments did you do?  
(circle the appropriate number.)**

0      1      2      3      4      5

**126. Would you like to have more programs like TNT in the future?  
(circle all that apply)**

- a. yes, more lessons about tobacco
- b. yes, but lessons about other topics
- c. no, not really

**127. Have you been taught topics and activities like those in project TNT before?  
(circle all that apply)**

- a. yes, this year at home
- b. yes, this year at school
- c. yes, before at school
- d. yes, before home
- e. no

**128. What was the ONE thing you really liked about the TNT program?**

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**129. What was the ONE thing you really did not like about the TNT program?**

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